

CORPORATE SAFETY SKILLS REFRESHER COURSE

Is Your Team Truly Prepared to Act In an Emergency?

While standard certifications last 2 years, life-saving skill retention drops significantly after just 6 months. We bring hands-on muscle memory practice directly to your workplace—maximizing safety with zero employee downtime.

WHAT WE COVER (100% HANDS-ON)

- **Basic Life Support (BLS) Foundations:** High-performance team dynamics, high-quality chest compressions, and proper ventilation mechanics.
- **High-Quality CPR Focus:** Perfecting compression depth, rate, and chest recoil mechanics for adults, children, and infants.
- **Rapid AED Deployment:** Live troubleshooting and real-time integration into cardiac arrest scenarios.
- **Choking Interventions:** Conscious and unconscious clearing techniques for rapid response.
- **Critical First Aid Drills:** High-stress skills like tourniquet application, severe bleeding control, stroke identification, and EpiPen deployment.
- **Custom Site Scenarios:** Scenarios tailored specifically to your facility's unique environment (office, warehouse, or clinical settings).

WHY CHOOSE A SKILLS POLISH?

- **Fast-Track Future Renewal:** Taking this refresher guarantees your team qualifies for a streamlined, abbreviated review class when it is time to renew—meaning they **do NOT** have to sit through the full 4.5-hour initial certification course again.
- **Zero Compliance Downtime:** No written exams or hours of boring computer video modules. Pure practical practice.
- **Built for Confidence:** Having a valid card doesn't stop someone from freezing. Muscle memory does.
- **On-Site Convenience:** We bring high-fidelity manikins and trainers directly to your schedule and location.

FLEXIBLE GROUP TIERS

Small Team Package

Up to 8 participants • 1.5 Hours
Perfect for executive or leadership teams.

Standard Corporate Group

9 to 18 participants • 2 Hours
Great for office branches, schools, or floor wardens.

Large Team / Multi-Session

19 to 30 participants • 3 Hours
Ideal for distribution centers or multi-shift ops.

On-Site Training Administered Directly at Your Facility

AVAILABLE ADD-ON PACKAGES

The Shift-Worker Split

Split the "Standard" or "Large" tier into separate morning and afternoon/evening sessions to accommodate different shifts without breaking operations.

Workplace First Aid Kit Audit

We will personally audit your workplace first aid kits, inventory expired items, and provide a compliance checklist of what needs restocking.

**Please Note: This high-impact session focuses strictly on practical skill proficiency and confidence building. It does not issue or renew formal 2-year certification cards.*

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